

## Things to know...

### What to Bring to the Clinic

Please have your child dress appropriately for the weather. If it is hot, dress in shorts and a tee shirt. Since this is a semi-contact camp, no pads are necessary and we provide the helmets. Sneakers or your own cleats are fine for footwear. Lastly, have your child bring a water bottle for hydration.

### Inclement Weather

Our clinics are held rain or shine except for severe weather like high winds or lightning. Since our offices are not in your town and weather varies depending upon location, ALL weather determinations will be made at clinic site locations. Our offices will not be able to make a weather determination in your area. For weather information, please go to the clinic site and speak to the coaches who will determine if a clinic will proceed as scheduled or be rescheduled.



## Semi-Contact Football Clinic and Agility Competition

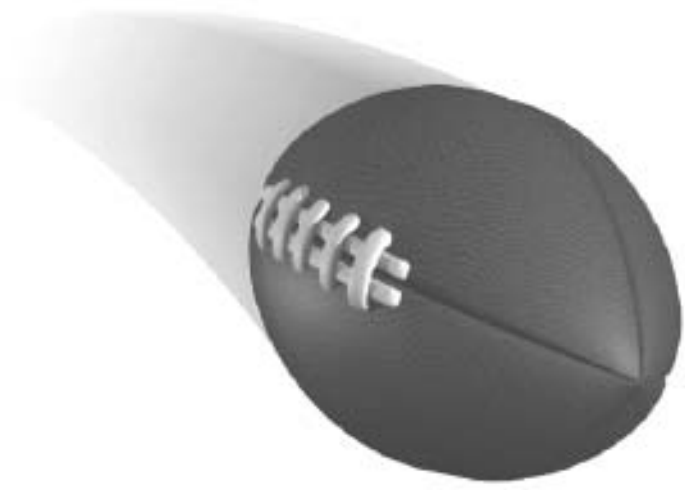


Everyone is supplied with a Certified Adam's® Helmet for use during the two-day clinic and receives a complimentary pair of cleats!

**Date: Fri., July 30 and Sat., July 31**

**Place: Beach Street School**

**Time: Fri., 6-8 pm/Sat., 10am-noon**



### Sal Cintonino

Co-President  
Precision Sports

Former Head Football Coach of  
Central Connecticut State  
University

Central Connecticut State  
University All-American  
Linebacker

# Clinic Directors



### Steve Villanti

Co-President  
Precision Sports

Former Offensive Coordinator  
of Central Connecticut State  
University

East Coast Director of Youth  
Clinics

Four Year Letterman at  
Syracuse University

*"We have spent  
the last 19 years  
building Precision  
Sports Clinics into  
the #1 Youth  
Football clinic  
in the country  
today."*



## Directors' Message

Our clinics have provided critical fundamental instruction to over 13,000 football players, many of whom are playing college football today. We are committed to excellence and proud of the overwhelming success that our clinics have achieved. One of our fundamental goals throughout the years has been to offer our clinics at a price and a location that is affordable to everyone.

For your convenience our clinics come to you! To save you time and money, we will travel to a location in your town for the two-day clinic. In conjunction with the invaluable instruction, we also give each participant a complimentary pair of cleats.

We look forward to working with you at your upcoming clinic.

## Semi-Contact Clinics

Our semi-contact clinics allow us to build on our traditional instructional clinic. Our clinics now combine fundamental and technical instructional skills with actual contact drills. The combination of these two learning tools allows the participants to actually perform football techniques with top level supervision.

In addition to learning specific position skills, all participants will also engage in actual tackling drills. These drills will help ensure safety in tackling techniques and will be taught and performed in a controlled environment.

## Helmet Fitting Instructions

We need to fit every person with a fitted Adam's® Helmet. In order to ensure that each participant receives proper fitting, we need you to arrive one half hour prior to the start of the clinic on the first day.

## Clinic Store

Our Clinic Store will be open before and after each clinic. We have numerous clinic shirts, hats and shorts available in all sizes.

## Why Choose Our Clinic?

There are a number of features that make our clinics unique. The first being our teaching philosophy which breaks every technique down into the smallest progression and then builds back into the complete state of the technique. Our clinics are located near you for travel convenience. The two-day clinic is held for two hours each day/evening. This insures quality time, structured instruction and allows the price to be very affordable.

### Our Clinic Package Includes:

- Speed development session
- Strength development session
- Plyometrics for football
- Complimentary pair of cleats
- Fitted helmet for each person to use during the two-day clinic.
- Offensive and defensive sessions
- Agility competition

### It Pays to Register Early!

Our entire clinic package is offered at a pre-registration cost of \$75.00 plus a mandatory \$5.00 insurance fee that must be paid the first day of the clinic.

### Late Registrations

Late registration may require your shoes to be ordered and therefore not available during the clinic. Shoes will be shipped within two weeks from our office receiving them.

REGISTRATIONS RECEIVED LESS THAN 7 DAYS PRIOR TO THE 1st DAY OF THE CLINIC WILL COST \$85.00 (PLUS THE MANDATORY \$5.00 INSURANCE FEE).

### Clinic Policies

- Clinics will be held rain or shine.
- You must attend our clinic and be paid in full to receive your complimentary cleats.
- Precision Sports is not responsible for changes in clinic site locations.
- Returned checks will require an additional \$15.00 processing fee.

## Agility Competition Champions At Every Clinic

The Agility Competition will allow each person to utilize their newly learned skills and techniques in a competitive environment. There will be champions in every division. Check out our web site for final standings.

The kids will be separated into three divisions to compete in our competitions. Rules and regulations for the competitions will be explained at each individual site. As always, Precision Sports will provide a safe and fun environment for everyone!

## Customer Service

For questions, call our customer service office at (860) 589-4142, Mon. - Fri., 9:00 am - 5:00 pm.

You may pre-register by fax at (860) 583-6397 OR mail your registration form to:

**Precision Sports, c/o Steve Villanti  
387 Brewster Road, Bristol, CT 06010**

To make a payment, please send a personal check or money order (in advance only) payable to **Precision Sports** in the amount of **\$75.00**. The **\$5 insurance fee will be collected the first day of the clinic. We will accept cash only if you will be paying the day of the clinic.**



[www.youthfootballcamps.com](http://www.youthfootballcamps.com)

## Clinic Registration Form (MANDATORY)

Please register early to insure a spot at the clinic of your choice and save on the registration fee.

Child's Name \_\_\_\_\_

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Home Phone # (     ) \_\_\_\_\_

Parent's Work # (     ) \_\_\_\_\_

Email address for confirmation of registration:

\_\_\_\_\_

(Please print clearly for readability. Define zeros with a slash through them.)

Child's Age \_\_\_\_\_

Child's Shoe Size \_\_\_\_\_

(Please have child's feet measured if unsure)

X \_\_\_\_\_

Parent's Signature (Mandatory)

*By signing the above registration form, the signed parent hereby gives their child permission to participate in a Precision Sports clinic. In doing so, the signing parent(s) and/or legal guardian(s) do not hold Precision Sports or Precision Sports 1, or anyone associated with Precision Sports clinics, liable for any injury or accident either at the sports clinic or during any course of competition and/or activities held in conjunction with the sport. In giving permission to take our clinics, the signed parent or legal guardian attests to the overall good health of their child and have had the appropriate medical evaluations associated with playing sports. No one associated with Precision Sports or Precision Sports 1 will assume medical responsibility for administering of medications.*

### PLEASE NOTE:

\* All participants are required to purchase the \$5.00 secondary insurance coverage on the day of clinic due to state regulations. No waivers will be given.

Signing the Clinic Registration Form also gives permission for your child to participate in the Agility Competition held at the end of each clinic.